

March 2024

Welcome to the Nordic Summer Days for Deafened in Kuopio!

The Finnish Hearing Association is organizing the Nordic Summer Days for Deafened **31.7.–4.8.2024** at the Rauhalahhti Spa Hotel, located on the beautiful shore of the lake Kallavesi, 5 km from the centre of Kuopio.

On Wednesday there will be arrival in the afternoon/evening, info and "Happened since last time" reports from the different participating countries.

On Thursday the program will include a presentation of updates on CI surgery. After this we will take a lunch cruise on the lake Kallavesi and in the afternoon there will be an opportunity to participate in a Craft workshop. In the evening we have a program organized by hotel Rauhalahhti: we will get acquainted with traditions of province Savo and have the opportunity to go to a smoke sauna.

On Friday we will have a full day excursion to Koli National Park.

On Saturday we get to hear a presentation about Evidence-based specialised rehabilitation programme based on cognitive behavioural therapy (CBT) for management of disturbing tinnitus. Then we will explore the sights and city centre of Kuopio.

Summer days end on Sunday after breakfast.

The languages of the Summer Days are Finnish and English, which we use in parallelly. There is interpretation between these languages during the official program. Speech-to-text/live captioning in English and Finnish will be available. The Summer days include Supporting Sign (Speech-to-text) interpreting in Finnish as well.

If you need something other than spoken/written English, please provide the translation and captioning from English to your own language. Unfortunately, Hearing Association cannot organize or pay for it.

Prices:

Double room 350 eur /person

Single room 450 eur

Prices include accommodation and full board from dinner on Wednesday to breakfast on Sunday (excluding lunch on Saturday) and excursions.

Please register no later than 17.5.2024: Registration EXTENDED TO 31 MAY 2024!

Ms. Tarja Kaikkonen, tarja.kaikkonen@kuuloliitto.fi, tel. +358 50 536 5162 (**SMS only**)

Further information about the Summer Days will be sent to those who have registered.

If you have any questions, please contact Ms. Tarja Kaikkonen.